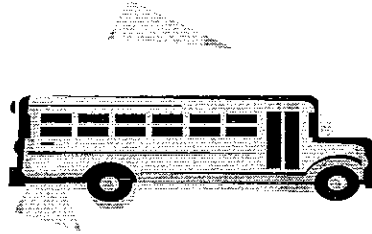


QUICK NOTES

Wisconsin Conservatory of Lifelong Learning

3120 West Green Avenue
Milwaukee, WI 53221
www.milwaukee.k12.wi.us/wcll
414-304-6800



April 27, 2010

UPCOMING EVENTS

DATE

No School for 9 th , 10 th & 12 th Grades - ACT Testing	Wednesday, April 28 th
WKCE Incentive Field Trip - Country Springs	Wednesday, April 28 th
Arbor Day Program - Small gym	Friday, April 30 th , K-4 - 4 th , 2:00pm-3:00pm
Earth Day Movie Trip - Gr. 6 th -8 th	Friday, April 30 th , 9:30am-1:00pm
Altius Gym Field Trip Rooms 2,7, 15	Friday, April 30 th , 9:30am-12:00pm
Biennial Music Festival - Elementary & Middle School Choir Performs @ US Cellular Arena	Wednesday, May 5 th , 5:30pm-9:00pm
Survive Alive Field Trip - Gr. 2	Thursday, May 6 th , 11:00am
Biennial Music Festival - Middle & High School Choir Performs @ US Cellular Arena	Thursday, May 6 th , 5:30pm-9:00pm
State Enrollment Count Date	Friday, May 7 th
Renaissance Field Trip - Incredi Roll	Friday, May 7 th
Smart Smiles Dental Screening Begin - Rm. 161	Tuesday, May 18 th , 9:00am

WCLL THANKS YOU

To all parents, guardians and relatives of current and future WCLL students, thank you for your participation in Family Literacy Night! Your participation is truly appreciated.

MAY STATE ENROLLMENT COUNT DATE

It is imperative that ALL students be present on Friday, May 7th due to the State of Wisconsin enrollment verification on this date. Please make sure your child is in school.

2010 MMABSE ESSAY WINNER

Congratulations to Kayla Hodges for winning 1st place in the MMABSE Essay Contest. She will be honored at a luncheon at the Wyndham today, April 27th.

ACT TESTING

Reminder to parents, all 11th graders will participate in the ACT testing on Wednesday, April 28, 2010. Students in grades 9, 10, & 12 are not in attendance.

HIGH SCHOOL AWARDS

On Thursday, June 3, 2010, the Annual High School Awards Breakfast will take place in the High School Gymnasium. Students and Parents will receive invitations through the mail.

SMART SMILES

On May 18th, those students who returned their Smart Smiles permission slips will be having their first visit with the Dentist which will include dental screening, dental sealants as needed, fluoride treatments, dental cleaning and oral health education with a new toothbrush. WCLL will also have its own dental office set up in the Multipurpose Room (Rm. 161) on June 1st thru June 15th for revisits.



BOOK FAIR

Join us in sharing a love of reading with our students at WCLL's Scholastic Book Fair on May 17th thru May 20th. Your child's class will be visiting the book fair during class time. It's a great way to connect your kids with books they want to read! If you have any questions or concerns, please contact Mrs. Coss or Mrs. Murphy @ 414-304-6800. (Cash or Money Orders only).

PRINCIPAL'S CLUB

Congratulations to the following students who earned Principal's Club during the month of March: Nickolas English, Kalin Yang, Aliyah Smith, Mai Vue, Natasha Zuza, Jiyto Morgan-Cox, Mariah Merriweather, Angelina Seelig, Josephine Ball, Kathleen Vazquez, Jabari Miller, Elijah Muhammad, Daesha Winston, Paola Moreno, Belleasia Yang, Shua Na Yang and Tyler Cooper.



WICKLE PICKLE

Congratulations to our outstanding students who earned Pickles for their good deeds: Michael Smith, Kalina Xiong, Aolani Contreras, Demarrion Stewart, Brandon Dammon and Lesley Medina.

STUDENT OF THE WEEK

Congratulations to the following students who were Students of the Week:

Week Mar. 1st thru Mar. 5th: Sienna Spriewka, Nusr Alzalloum, Aolani Contereras, Malek Awadallah, Daijane Smith, Kenya Williams, Paola Moreno, Dametra Plears, Alex Karwoski, Melvin Hervey and Maia Alfred.

Week Mar. 15th thru Mar. 18th: Shalon White, Alexis McManamon, Maricelia Rodriguez, Adonica Hibbler-Tucker, Ryan Kolter, Roger Sughroue, Ashonte Hibbler, Kenya Williams, Daesha Winston and Xiomara Rosales.

Week Apr. 12th thru Apr. 16th: Armuni Byrd, Megan Secks, Qwestin Barnett, Armani Crittenden, BryAnn Banks, Adrian De La Torre, Elijah Muhammad, Martajah Scott, Jeanette Hopson, Destiny Edwards and Breanna McGee.

LUNCH MONEY:

Parents: Please keep in mind students **must** have enough money in their accounts in order to be served breakfast and lunch. If your child must pay for breakfast or lunch, you can pre-pay up to 1 month in advance. There are **no funds** available to pay for student lunches. Students are always allowed to bring lunches from home. Please contact the cook manager Mrs. Alicia Barajas at (414) 304-6820, if you have any questions in reference to lunch or breakfast.

SPRING COMPLIMENTARY

Spring Complimentary runs from March 5th until June 15th. If you know of any parents that are willing to work with the school and their child to become high achievers especially in K-4 and K-5 grade levels, please encourage them to give WCLL a try. Applications are being accepted for next year!

EARLY RELEASE:

Students that will be picked up at the end of the day must be picked up by 3:30 pm. If you do **not** arrive by this time, your child will be put on the bus. We apologize in advance, but personnel are not available to watch students after 3:50 pm. All students must be signed out in the office prior to 3:45 by an authorized person as noted on the back of the emergency contact card.

CHANGE OF ADDRESS / NEW PHONE #:

Please make sure your child's Emergency Contact Card information is correct. If your child is injured / ill it is crucial that we are able to contact you. If there is a change in information, please call the school at (414) 304-6800.

ATTENDANCE NEXT FALL:

Please note to update the school if your child (ren) will not be returning to MPS next fall. Please contact our office as soon as possible. If you would like to request a teacher or class for next year, please put this in writing and have it sent to school as well.

A-B CREDIT UNION:

WCLL welcomes A-B WCLL Wizard Credit Union to our building. It is located in room 161, the multi-purpose room. Parents and students are able to open accounts for as low as \$5.00. The credit union hours are Tuesday and Thursday from 12pm-2pm. Please consider supporting our business partner. This is a full service credit union.

BUS RIDERSHIP:

This is a reminder that transportation is a **privilege** and students who display inappropriate ridership will lose transportation. Please discuss appropriate behavior on the bus. Also, a written note signed with a working contact number indicating that you are allowing your child(ren) to ride a different bus or exit at different stop **must** be turned in to the offices before noon. Students who do not bring a note before noon, will not be allowed to ride another bus. There is no time when the bell rings to start writing out bus passes.

SEE ATTACHED:

Welcome celebration for the new MPS Superintendent
Picture yourself in college
Middle Years
Reading Connection
Parents make the difference
Firm, fair & consistent
Recipes for success
Free community partnership event
The Parent Network - Open parenting programs
Parent Notice - DNA Identification Kit
MPS parent action meeting
Life skills training family night
Camps for kids

The Community in Unity - A New Era for MPS

WELCOME CELEBRATION FOR NEW MPS SUPERINTENDENT

DATE: Saturday – May 1, 2010

TIME: 4:00 pm – 7:00 pm

**LOCATION: John Marshall Academic Campus
4141 N. 64th Street
Milwaukee WI 53216**

We are asking for your help in publicizing this event to your school community including staff, students and parents.

The program will consist of performances by students from various schools throughout the Milwaukee Public School District. The highlight of the evening will be the keynote address given by Dr. Thornton. All State, County and City Government Officials have been invited and many will be in attendance.

Refreshments will be served during a reception to be held after the program, where Dr. Thornton & Family will greet the attendees. Entertainment during the reception will be provided by Ms. Linda Martin.

Please direct any questions you may have regarding this event to one of the chairpersons listed below.

Marva Herndon
414-350-3027
cherndon@wi.ri.com

Jennifer Morales
414-271-1174
cleancopy@cleancopy.biz

Middle Years

Working together for school success

Short Stops



Find the similarity

Play this game to stretch your youngster's thinking. Take turns naming two unrelated objects (flower, skyscraper). Encourage him to think about each object's attributes and come up with creative ways that they're alike (both stand up tall).

Language volunteer

If you speak a second language, consider sharing your skill with your child's school. Offer to translate at a PTA meeting or help parents fill out forms. Families will appreciate being connected to someone who knows their native language, and the school will value your participation.

Perseverance

Is spring fever making your youngster drag her feet at homework time? She can learn to stick with it by dividing the work into short blocks (say, 30 minutes each). Give her a timer, and when it goes off, she can go outside for a short walk or bike ride.

Worth quoting

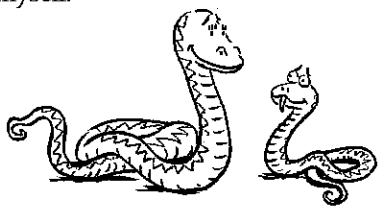
"Great people are those who make others feel that they, too, can become great." *Mark Twain*

Just for fun

Baby snake: Am I poisonous?

Mother snake: Why do you ask?

Baby snake: Because I just bit myself.



Building family ties

Good news for parents of middle graders: children this age *do* need and want to be with their parents, even if they don't say so. By letting family time change along with your child, you can help him enjoy doing activities with you. Here's how.

Plan ahead. Ask your middle schooler what he might like to do and when. For example, he may want to go to a movie but would prefer a Sunday afternoon matinee to a Saturday night show (when he's more likely to have plans with friends). Giving him a say will probably make him more cheerful about going along.

Keep it simple. Together time doesn't have to be elaborate or expensive. For example, hold a homemade mini-pizza night and see who can come up with the tastiest "crazy topping" combinations. Or browse yard sales, flea markets, and thrift shops as a family. What's



the best thing each person can find for a dollar?

Start a ritual. A family tradition will give your child something to look forward to—and a sense of belonging. You might play cards on Sunday nights, jog together on Saturday mornings, or watch a TV game show together every Wednesday evening.

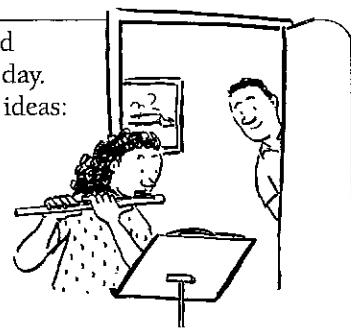
Tip: Put family events on a wall calendar, or e-mail a reminder to your middle grader about upcoming plans. He'll see that you value his company—and he won't be surprised when the time arrives. 👍

Excellent extras

Electives like music, art, or yearbook let your child explore interests, and they add variety to her school day. Encourage her to make the most of them with these ideas:

- Help her connect what she's doing in elective classes with real life. She'll get practical experience and do better in school. For instance, if she takes creative writing or art, she might enter a story or painting in a contest.

- Provide support at home. If your child takes band, for example, listen while she practices, and help her remember to take her instrument to school. Ask about projects or homework in elective classes, and be sure she turns them in on time. 👍



Ready, set, read!

Motivate your child to read for pleasure by making books a convenient and fun part of her life. Consider these suggestions.

Make it accessible

Your middle grader can keep books handy by organizing a collection. She might arrange colorful plastic crates or do a “makeover” on her childhood bookcase (remove the toys and paint the shelves). Then, she can group books by type (fantasy, adventure, graphic novel). *Tip:* Have her leave space for library books, too.



Make it a habit

Give your child regular opportunities to read aloud. You might ask her to read an article or a movie review from the newspaper during breakfast or after dinner. Set a time each night when she “drops everything and reads” (DEAR time) for 15 minutes. Or suggest that she read nursery rhymes to younger siblings at bedtime.

Make it fun

Have your youngster find new reading material by inviting friends to a book-exchange party. She can ask each guest to bring books they’ve finished and a snack to share. Everyone will go home with free reading material. Plus, being around others her age who love books may inspire your child to read more. 🍌

World weather

Weather watching can teach your youngster geography, science, and math. Suggest that he track worldwide weather with these steps:

1. Have him use a map to pick one city from each continent (examples: Cape Town, Sydney, Beijing).
2. Your middle grader can find each city’s daily weather in a newspaper or at www.weather.com. Suggest that he record rainfall, snowfall, and high and low temperatures.
3. Encourage him to graph each city’s data so he can watch trends and make comparisons. For a temperature graph, he could write dates across the bottom and temperatures up the left side. Then, have him plot high and low temperatures in different-colored ink (example: red for highs and blue for lows).
4. Finally, ask your child to report his findings to your family. He can tell which cities had the highest and lowest temperatures or the most and least precipitation in a week or a month. 🍌



Q & A “The talk”

Q I know I need to talk to my 12-year-old son about sex, but I’m not comfortable. What can I do?

A It’s wise to start talking to your son now so you can help him make good choices. Children who talk to their parents about sex are less likely to engage in risky behavior.

Instead of a one-time discussion, make it an ongoing conversation. First, look for ways to bring up the topic. For example, you might open a discussion after watching a movie or television show involving a relationship. Also, your pediatrician may be able to recommend a book that will make your conversation easier.

During your chat, you can find out what your son already knows by inviting him to ask questions. Try to answer them as honestly as possible. Explain your views about sex, and encourage him to come to you anytime he has more questions. 🍌



Parent to Parent Chores without nagging

When I returned to work this year, my children had to help more with the housework. I explained that there would be less work if we did it as a team.

My daughter Anna suggested that we do a different chore each day of the week. So I made a list of our jobs, and we assigned one to each day. We decided to wash laundry on Sunday, iron on Monday, vacuum on Tuesday, mop on Wednesday, dust

on Thursday, and clean bathrooms on Friday. And if we got everything accomplished for the week, our reward was a chore-free Saturday!

Of course, we still had daily chores, like dishes and making beds. But with the bigger jobs out of the way, those didn’t seem like much work, and I found I didn’t have to nag my kids to do them. 🍌



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To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
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Reading Connection

Tips for Reading Success

Beginning Edition

April 2010

Wisconsin Conservatory of Lifelong Learning

Book Picks



Read-aloud favorites

■ Little Miss Giggles

Little Miss Giggles laughs while she eats, while she brushes her teeth, and even while she sleeps! Then one day, she loses her giggle. Can Mr. Happy make her laugh again? Part of the classic Mr. Men and Little Miss series by Roger Hargreaves.



■ I Love Our Earth



What does your child love about the earth? Maybe he likes spring blossoms, autumn leaves, or

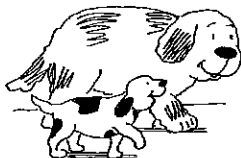
sunsets. This book by Bill Martin Jr. and Michael Sampson combines simple words and photographs to show the wonders of nature.

■ The Bat Boy & His Violin

Reginald dreams of being a violinist. But his father, a manager in the Negro National League of the 1940s, needs a bat boy for his struggling team. When Reginald starts playing his violin between innings, the team's luck seems to change. An inspiring read-aloud by Gavin Curtis.

■ Lucky: A Dog's Best Friend

In this story by Gus Clarke, Lucky and the other dogs in the pound organize a plan to get their friend Bernard adopted. The scheme works, and Lucky says good-bye to his friend. Will Lucky find an owner, too? (Also available in Spanish.)



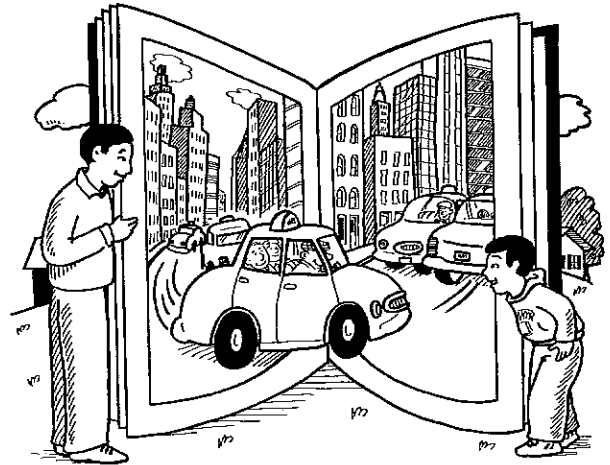
Keys to reading comprehension

When you read with your child, you can help him understand the book by discussing the story and the pictures. Here are three strategies that will boost his reading comprehension and help him enjoy reading more.

Build background

knowledge. Say your youngster is reading about a boy who lives in a city. If your home is in a rural area, he may not be familiar with taxis, high-rise apartments, or busy streets. You can prepare him to understand the book before you read by flipping through the pages and pointing out these things in the pictures.

Predict what's next. Your child can use clues in a book to help him predict what's coming. For example, he might say, "I think the little girl is going to a party." Ask him why he thinks that ("She's holding a present"). He'll learn



to read carefully for details that will help him imagine what will happen next.

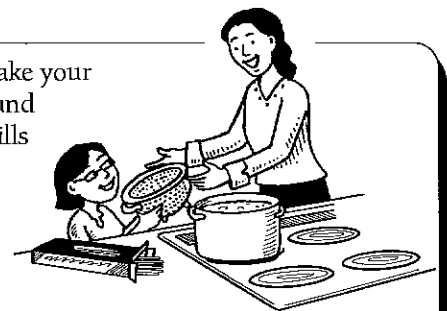
"See" the action. Good readers picture story events in their minds. Try reading a book to your youngster without showing him the illustrations. Have him describe what a character or a place looks like. You can help him by repeating information from the book: "It says a storm is coming. What do you think the sky looks like?" Then, show him the illustrations to see if they're similar to what he pictured.♥

A language-rich home

Good news: Strong language skills can make your youngster a better reader, writer, and all-around student. Great news: You can build those skills just by talking to your child. Here's how:

● Narrate everyday activities like driving or cooking. Hearing new words in conversation will help your youngster understand words in books ("Please hand me the *colander* so I can drain the spaghetti"). *Tip:* If she doesn't know the word, explain: "This is a colander. Water drains through the holes."

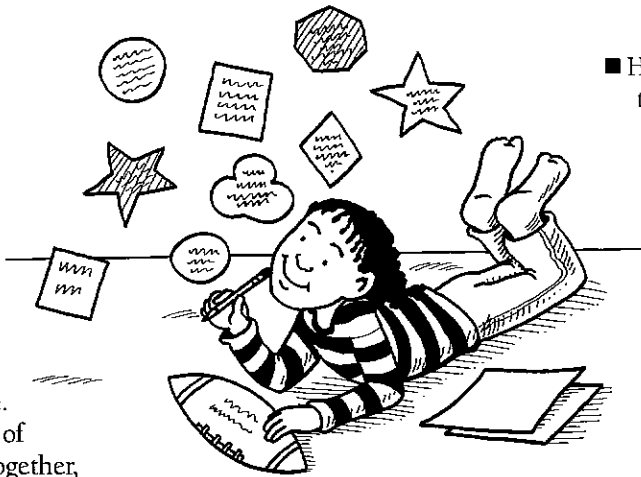
● Encourage your child to join family conversations. Ask her questions to help her expand on her answers. ("Why do you think so?" "What else happened?") She will learn to talk about events and give her opinions.♥



Here a poem, there a poem

Celebrate National Poetry Month by reading and writing poetry with your youngster. You'll help her learn to love words—and get her hooked on poetry!

■ Reading a poem about food is a fun way to introduce your child to *imagery*—descriptive words and phrases that poets use. You might read a poem like “A Pizza the Size of the Sun” by Jack Prelutsky. Then, eat pizza together, and ask your youngster to read the words Prelutsky used to describe the pizza (oceans of sauce, mountains of cheese).



■ Help your child pay attention to sounds in words by writing a rhyming poem. Have her think of a word (sky) and then write down words that rhyme with it (bye, high, my). She can use the words to create a poem.

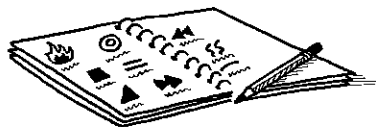
■ Inspire your youngster to read and write poetry with “shape poems.” Have her cut out shapes of objects (heart, football) from colored paper. Then, help her look in poetry books for verses about the objects and write them on the shapes. Or she could make up her own shape poem. For example, on a football shape, she might write: “Football is fun/The players run.” She can keep her shapes in a zipper bag to read poetry anytime. ♥

Fun with Words Reading symbols



Chances are, your child can “read” the buttons on your household electronics—even the ones without letters. For example, he probably knows that a triangle on the DVD player means *play*, a square means *stop*, and two vertical lines stand for *pause*.

You can have him practice reading other symbols by helping him make a guide to the symbols in your house. Have him walk around with a notebook and draw as many symbols as he can find.



He might choose your computer’s “on” symbol or the “fire” sign on the fire extinguisher. Next to each symbol, help him write the word that it stands for.

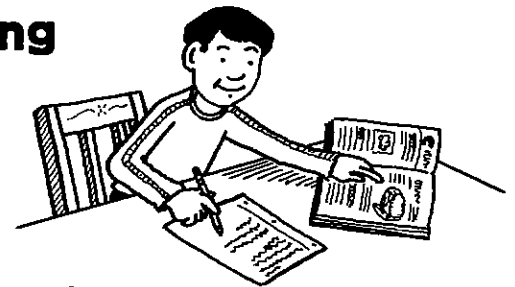
Finally, suggest that your youngster make up his own symbols. For instance, the microwave “start” button could have three wavy lines to indicate “heat,” and a closed eye could symbolize “snooze” on the alarm clock. ♥

Q&A Proper spelling

Q My first-grader always asks me how to spell words. How can I encourage him to spell them on his own?

A This is a good time to introduce your youngster to the dictionary. Look for a children’s picture dictionary in a bookstore or at a yard sale. When he asks you how to spell a word, help him look it up. After doing this together a few times, encourage him to look up words on his own.

You can also have your son save his weekly spelling quizzes. Go over them, and have him practice any words that he spelled incorrectly. He can put the quizzes into a folder or binder, making a collection of words to refer to when he writes. ♥



Parent to Parent Learning about cultures

My parents recently moved here from Mexico, and we wanted our daughter, Carla, to learn more about our family’s background. So I asked our librarian to recommend books that might help.

Mrs. Blair showed us books like *Look What Came from Mexico* by Miles Harvey, which told about food and places in Mexico. Reading that book gave Carla lots of things to talk about with

her grandparents. We also went home with several books that had both English and Spanish words. Together, Carla and my father read *A Walk with Grandpa/Un paseo con abuelo* by Sharon Solomon. My daughter read the English words, and her grandfather read the Spanish.

Books have been a great way to help Carla get to know my parents, and we’re happy that she is learning about her heritage. ♥



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To provide busy parents with practical ways to promote their children’s reading, writing, and language skills.

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Elementary School Parents[®] *make the difference!*



Turn writing into a game for your child with 'quick writes'

Writing can be hard work. But a "quick write" is a fun and easy way to encourage your child to get her ideas down on paper.

Quick writes are just what they sound like—a short period of time when a child writes quickly. Usually, a quick write is based on a question or an idea. You ask a challenging question and set the timer for five minutes. Then both you and your child write down everything you can before the timer beeps.

Even kids who usually stare into space when it's time for a writing assignment will like a quick write. They are often surprised to discover just how much they did know about a subject.

Your child will gain confidence when she sees how much she can write in just a few minutes. Once the

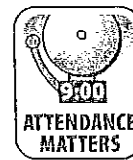
quick write is finished, compare what you've written. The next time, let your child choose the quick write topic.

Here are some ideas to use:

- Would it be a good or a bad idea if our pet could talk? Why?
- If I were invisible, I would ...
- The best birthday I can imagine would be ...
- It was a stormy day, so I decided I would ...
- Zebras have stripes because ...
- Ten years from now, I will be ...
- I invented the most amazing machine. It does ...
- When I woke up this morning, I was a different person. I was ...

Source: Linda Reif, *100 Quickwrites: Fast and Effective Freewriting Exercises that Build Students' Confidence, Develop Their Fluency, and Bring Out the Writer in Every Student*, ISBN: 9780-4394-5877-1 (Scholastic Books, www.scholastic.com).

Maintain good attendance at end of the year



You know that being in school is important. But this would be such a great time to take a family trip. And, after all, your child is only in first grade. Surely a few days' absence won't matter, will it?

It will. In fact, research shows that young children don't have to miss much school before their learning suffers. In the early grades, kids are mastering reading and basic math skills. And research has found that these are the skills most affected when children miss school. Being in school consistently is the only way kids can develop a strong foundation on which the rest of their learning will build.

But your child will not be the only one who pays a price. The entire class will be affected. When the teacher has to stop to meet the needs of a child who was out of school, everyone else's learning comes to a halt.

Source: Hedy N. Chang and Maria José Romero, *Present, Engaged, and Accounted For: The Critical Importance of Addressing Chronic Absence in the Early Grades* (National Center for Children in Poverty, www.nccp.org/publications/pub_837.html).

Show your child the importance of following directions on tests



Sometimes, a child may know the answer to a test question—but still get it wrong. She *underlined* the answer, when the directions said *circle*. Or she chose the *true* answer when the directions asked for the one that was *not true*.

Helping your child learn to follow directions exactly is an important way to prepare her for test success. Try these things at home:

- **Follow a recipe together.** Talk about what would happen if you left out one of the ingredients or didn't do things in order.
- **Help your child think** about one thing she knows or does well—making a peanut butter sandwich, finding her way to school. Have her write step-by-step directions

on how to do it. Now follow the directions she has written exactly. Was anything missing?

- **Create a treasure hunt.** Hide a small prize somewhere your child won't see it. Now write notes your child must follow. Each note tells her to look somewhere else. Only if she follows the directions exactly will she get the prize.

Source: Guinevere Durham, *Teaching Test-Taking Skills: Proven Techniques to Boost Your Students' Scores*, ISBN: 1-5788-6573-5 (Rowman & Littlefield Education, www.rowmaneducation.com).

"We shouldn't teach great books; we should teach a love of reading."

—B. F. Skinner

Use fun games to teach thinking skills to your elementary schooler



In today's world, kids need to know how to be problem solvers. They must learn how to analyze and see things from another point of

view. Here are some games to play at home to help:

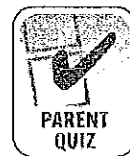
- **Find something** for your child to sort—buttons, pencils, coins or anything else in your house. Help him sort the items by size. Then mix everything up and have him sort them by color. This teaches your child to understand that just because something is part of one group, it doesn't *always* have to be part of that group.
- **Think about opposites.** Suppose you have been talking about

fairness. Have a conversation with your child: What does fairness look like? What things show fairness in action? Then think about the opposite—what would unfairness look like?

- **Talk about point of view.** What does your child think your house would look like from the cat's point of view? What does the school bus driver think about the students who ride on her bus every day? This activity will also help your child develop empathy by seeing things from their point of view.

Source: "Top 10 Ways to Start Teaching Thinking Skills Today," 21st Century Thinking at Every Desk blog, www.21stcenturythinker.com/2009/04/top-10-ways-to-start-teaching-thinking.html.

Are you helping your child learn spelling words?



By this time in the year, both students and parents may be getting bored with the same old spelling list routine. Are you motivating your child to learn spelling words? Answer *yes* or *no* to each question below:

- ___ 1. Do you set aside time each day to review the week's spelling words?
- ___ 2. Do you look for creative ways to study spelling words? Your child can write each word in a different color. Or you can turn out the lights and use a flashlight to "write" words.
- ___ 3. Does your child keep a small notebook as his private dictionary, where he writes words he finds while reading?
- ___ 4. Do you record spelling words on a voice recorder so your child can quiz himself?
- ___ 5. Do you break up the list so your child can learn a few words each day?

How well are you doing?

Each *yes* means you are finding ways to help your child learn spelling words. For each *no*, try those ideas in the quiz.

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Teach your child to recover from mistakes with humor, perspective



It's easy to build a child's self-esteem when she's winning the game or bringing home a great report card. It's tougher, but perhaps even more important, to boost self-esteem when things aren't going so well.

Here are some ways you can help your child keep her head up and recover from mistakes:

- **Choose your words carefully.** Saying, "You spilled the milk" doesn't hurt your child's self-esteem. Saying, "You're such a clumsy kid" will. Remember, the labels you put on your child today

are the things she will carry with her through life.

- **Help your child take the long view.** Yes, she failed a quiz. But that doesn't mean she'll fail fourth grade.
- **Help everyone in the family learn to laugh at their own mistakes.** Life doesn't always need to be serious. Sometimes, the milk spills. Show your child that it's possible to recover by laughing at mistakes.

Source: U.S. Department of Health and Human Services, "Your Child's Mental Health: Building Self-Esteem in Children," <http://mentalhealth.samhsa.gov/publications/allpubs/Ca-0048/default.asp>.

Help your child experience the value and excitement of reading



By about fourth grade, students make the transition from "learning to read" to "reading to learn." The better they read, the easier it is to learn.

Unfortunately, many kids think reading is boring. This keeps them from practicing and building their skills. To help your child experience the fun and value of reading:

- **Choose carefully.** What subjects and formats does he love? Perhaps he'd like a how-to book about making paper airplanes or a comic about super heroes. Simple, age-appropriate materials are great for free-time reading.
- **Set goals.** Consider what's right for each of you. Your child might read 20 minutes a day, for example, or you might read one book a week. Plan how you'll track progress and celebrate success.

- **Use resources.** It can be a struggle to find interesting books for reluctant readers. Talk with librarians, teachers and employees at bookstores. Read reviews online and in print. Do your best to find appealing materials.
- **Read together.** Show your child that you enjoy reading. In addition to choosing books for yourself, read some that he picks. Check out two copies at the library and read at your child's pace, sharing opinions throughout the book.
- **Be creative.** Read aloud to your child with enthusiasm. You might feel silly "getting into character" at first, but it captures kids' attention and helps them understand the story. When you put the book down for the night, your child may pick it back up!

Source: Evelyn Porreca Vuko, *Teacher Says*, ISBN: 0-399-52997-7 (The Berkley Publishing Group, www.penguin.com).

Q: My child came home from school scratching his head. When I looked closely, I saw tiny nits. He has head lice! The school says he can't come back until his head is completely free of nits. But they're hard to get rid of. Is this really fair? After all, he must have caught the lice at school.

Questions & Answers

A: Each year, millions of kids get head lice. Most of those who come down with head lice are children between the ages of three and 12. Here are a few facts about lice:

- **Head lice are tiny mites** that live on the scalp. The lice themselves are often invisible. What you can see are "nits"—small, white eggs that look like dandruff.
- **Head lice are very contagious.** They spread from person to person by direct contact. They also spread when children wear infested clothing—a hat, helmet, scarf or even a hair ribbon from someone with lice. Sharing combs and brushes is another way head lice are spread.
- **Head lice are not a signal** that your home is unsanitary, so you don't need to be embarrassed.

If your child has lice, contact your doctor. Ask about a shampoo or treatment to use on your child's hair and scalp.

Because lice spread so easily, most schools have rules about when students can come back to class. Many have a "no-nit" rule.

Talk with your child's teacher and make arrangements to get your child's homework and books from the school.

Good luck!

—Kristen Amundson,
The Parent Institute

It Matters: Respect

Insist your child dress respectfully at home, school



Chances are you and your child argue occasionally—or often—about what she wears to school. That's

no surprise, considering that many popular children's clothes violate school dress codes (not to mention parents' values).

Parents aren't alone in this battle. When EducationWorld.com asked educators about the importance of student dress codes, the response was clear—79% said dress codes “help improve behavior and academic performance.”

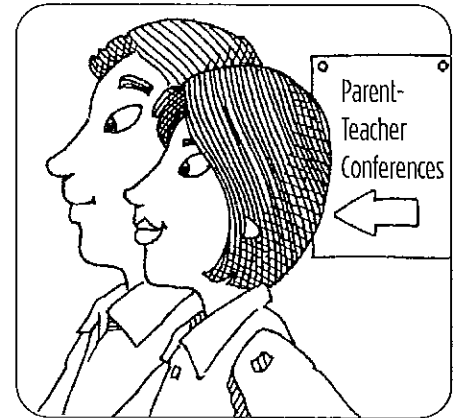
To make mornings easier on you, your child and the school:

- **Review the school dress code.** Which clothes and shoes are not allowed? Some common items include flip flops, halter tops, low-hanging pants and spaghetti straps.
- **Talk with your child.** Discuss why there is a dress code. Which clothes or shoes might be distracting? Offensive? Unsafe? Inappropriate? This is a good time to discuss respect for self and others.
- **Post the rules.** If you and your child argue repeatedly about dress, consider posting the rules. Children are less likely to argue with a list (especially a school list) than a parent.
- **Shop carefully.** Avoid items that are likely to spark disagreements. If your child will probably beg to wear “weekend shirts” on school days, think carefully about buying them.

Build your child's respect for school by remaining involved

Family involvement not only teaches your child that school is important, but also helps him persevere and do his best. Research shows that when parents are involved in education, kids are more successful students. To build your child's respect for school:

- **Attend school events.** Make parent-teacher conferences a priority. Put learning-related activities on the calendar, such as book fairs, parent workshops and class performances. Treat them like appointments. This shows your child that school is important to your family.
- **Be an advocate.** Experts say when parents support kids' learning and speak up for them, kids do better in school and stay in school longer. They also have more confidence! It helps to set



high expectations for your child, supervise homework time, promote healthy habits and get involved at school.

- **Connect learning to life.** Help your child see how what he's learning affects daily life.

Source: “Report: The Positive Relationship Between Family Involvement and Student Success,” PTA, www.pta.org/2128.htm.

Banish bullying by teaching your child to respect others



Bullying is a serious problem that deserves your attention, even if your child is not bullied or a bully. Research shows up to 30% of kids are bullied repeatedly, which means plenty of kids are at least *observing* bullying. Encourage your child to:

- **Respect others.** Teach respect through words and actions. Provide a warm home environment with good role models and effective discipline (not too strict or too lenient). Remember the importance of supervision, since

bullying often occurs when adults aren't around.

- **Recognize bullying.** Bullying comes in many forms. It can be physical, verbal or written, such as in emails or text messages. It can also be silent, when a child is left out on purpose.
- **React to bullying.** If your child knows someone who is being bullied, he should inform you or a teacher about the situation.

Source: “What Family Members Can Do” and “Tip Sheets,” StopBullyingNow! www.stopbullyingnow.hrsa.gov/adults/parents-and-family/family-do.aspx and www.stopbullyingnow.hrsa.gov/adults/tip-sheets/default.aspx.

Firm, Fair & Consistent®

Wisconsin Conservatory of Learning

Guiding Students for School Success

At-home habits lead to school success

You can't go to school with your child, but you *can* influence his success all day long. To support your child's learning experience:

- **Establish sleep routines.** Kids who get enough rest are better able to concentrate and follow rules.
- **Have him clean out his backpack daily.** You're sure to find important papers, notes and permission slips.
- **Keep a class schedule handy.** This makes it easy to ask specific questions about school, such as, "What did you do in P.E. today?"
- **Get organized.** Does your child always know where to find his backpack, jacket, glasses, shoes and other items? Pick special places to keep them.
- **Practice manners.** Role-play challenging situations. "You and a classmate disagree about who is first in line. What should happen next?"
- **Answer questions.** Encourage your child to ask you—and his teachers—if he's confused. "What does that word mean?"
- **Read together.** In addition to reading to your child and listening to him read, read the same books separately and discuss them.
- **Play school.** If your child has to do an oral presentation, have family members be the "teacher" and "class" while he practices.
- **Make a study spot.** Choose a quiet, comfortable homework location. Stay nearby and offer support.



Source: Diane Debrovner, "15+ Ways to Boost School Success," Parents.com, www.parents.com/kids/development/intellectual/school-success.

What does positive reinforcement look like?



You may have heard that "positive reinforcement" is crucial when it comes to encouraging proper behavior in your child. But what *is* positive reinforcement?

Simple! It's noticing when your child does the right thing and then giving her:

- A *bug* or pat on the back.
- A *big smile*.
- A *kind word*.
- An *extra privilege* or other treat.

Source: J. Burton Banks, M.D., "Childhood Discipline: Challenges for Clinicians and Parents," American Academy of Family Physicians, www.aafp.org/afp/20021015/1447.html.

Help your child learn to work smarter



What's the most important thing to remember about your child's homework? That it's *your child's* homework! So never do his work for him—even if he begs or throws a fit.

Instead, help your child help himself during study time by:

- **Showing him how** to chop large assignments into smaller pieces.
- **Reminding him** to tackle the toughest tasks first.
- **Teaching him** to prioritize.

Source: Jennifer Trachtenberg, M.D., *Good Kids, Bad Habits*, ISBN: 978-0-06-112775-5 (HarperCollins, www.harpercollins.com).

Teach your child to persevere



By now, your child probably realizes that achievement in school can be challenging. You can help by *expecting* her to succeed. Explain that setting goals is the first step. Discuss something she'd like to accomplish. Then make a specific, step-by-step plan. Celebrate her hard work!

Source: "A Parent's Guide to Helping Your Child Do Well in School," National Education Association, www.nea.org/assets/docs/50251_NEA.pdf.

Is your child cheating?

Your first grader peeked at a classmate's worksheet. Does that make him a cheater? Not necessarily.



According to research, young kids usually aren't trying to cheat when they glance at another student's paper. Instead, they may just be trying to keep up with the class. It's not until the age of eight or nine that kids begin *consciously* cheating.

So talk to your child about his "wandering eyes." But don't label him a cheater.

Source: Judy Molland, "Why Children Cheat and What to Do about It," Parenthood.com, www.parenthood.com/article-topics/why_children_cheat_and_what_to_do_about_it.html.

Making choices builds responsibility

In order to *build* responsibility, kids need to be *given* responsibility. This includes letting them make age-appropriate decisions—and probably some mistakes along the way. To be effective:

- **Offer options.** Instead of allowing your child total freedom (“When do you want to do your homework?”), give reasonable choices (“Would you rather do your homework right after school or after an hour of playtime?”).
- **Provide guidance.** Help your child with dilemmas. Asking questions is a good approach (“What might be the results of that choice?”). Remember that mistakes are opportunities to learn.
- **Be a role model.** Teach your child that when making choices, it’s important to gather information, list options, consider outcomes and seek help when necessary. Let mistakes be a motivator to do better next time.



Source: Michelle Anthony, M.A., Ph.D., “Ready for More,” *Scholastic Parent & Child*, October 2009 (Scholastic Inc., www.parentandchild.com).

Questions & Answers

Q: I’m fine when it comes to giving my child stern looks if she misbehaves. But actually following through with a consequence? Not so much. How can I do a better job of making her “face the music” when she acts up?

A: Discipline needs to be *consistent* in order for it to work. If your child knows she can get away with something because you’re too busy, too distracted or “too whatever” to enforce a penalty, she may be more tempted to break the rules. To do a better job of following through on discipline:

- **Admit past mistakes.** Sit your child down and be honest with her. “I haven’t done such a great job of enforcing the rules around here, but I will work to change that.”
- **Look at your house rules.** Do you have an extremely long list of dos and don’ts? That could be part of the problem. So trim your list to its simplest, most critical parts. It’ll help clarify what you expect from your child.
- **Define the penalties.** Decide what you’ll do if and when your child misbehaves and write it down. “When she talks back, I’ll send her to time-out.” Seeing your plan on paper may be just the nudge you need to stick with it.
- **Expect resistance.** Be prepared for your child to balk at your new attitude toward discipline. But stay the course, anyway. The work you put in now when it comes to positive discipline may just pay dividends later!



Good discipline starts with respect

There’s no “perfect” approach to discipline. But there are things you can do to make sure your particular approach is effective. Be sure to:

- **Treat your child** like you’d want to be treated. (This goes for when you’re scolding him, too.)
- **Enforce consequences** that are firm but fair.
- **Be clear and consistent** about what you expect from your child.
- **Model good behavior.**

Source: “Discipline,” American Academy of Child & Adolescent Psychiatry, www.aacap.org/cs/root/facts_for_families/discipline.

Why bedtime matters

Enforcing a regular bedtime for your child won’t just keep you sane—it will also keep him healthy. Studies show that sleep-deprived kids may have problems with:

- **Memory.**
- **Sense of well-being.**
- **Behavior.**
- **Concentration.**

Experts suggest elementary schoolers get between 10 and 11 hours of shut-eye per night.

So if your child’s bedtime routine has been gathering dust, shake it off and start using it again!



Source: Madison Park, “Enforcing Bedtimes Improves Kids’ Health,” CNN.com, www.cnn.com/2009/HEALTH/09/14/bedtime.children/index.html.

Firm, Fair & Consistent®

Guiding Students for School Success

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★ Recipes for Success

Practical Activities to Help Your Child Succeed

MATH Pocket Change Toss

Here's a way for your child to practice addition and subtraction using money.

Ingredients: four coins (penny, nickel, dime, quarter), small plastic plate or bowl, paper, pencil

Each player starts with 25 points. Take turns tossing the four coins at the plate. Coins that land on the plate are added to a player's score. If any coins miss the plate, players subtract the coin with the largest value from their scores. **Example:** If your youngster missed with the dime and the penny, she subtracts the dime's value (10) from her score.

Whoever has the highest score after three rounds wins.

Variation for younger child: Don't subtract coins that miss the plate.

PERCENTAGES

Have your child figure out how much money you'll save when buying something on sale. To compute percentages, he should multiply the amount by the discount (for 25 percent off, multiply by .25). **Hint:** Suggest that he round the price to even dollars before multiplying. **Example:** \$15.95 less 25 percent. Answer: \$16.00 x .25 = \$4.00 saved.

PATTERNS

Understanding patterns helps kids with basic math skills. Try this. Ask your youngster, "What comes next in this pattern? The pattern is paper clip, pencil, paper clip, pencil." Let her line up the objects to check her answer.

HISTORY

Go to the library together and check an almanac for facts from the year you were your child's age (the cost of a stamp, who was president). Look through old pictures for toys and other things you used. What does your youngster have that wasn't around when you were her age?

Character Corner

RESPONSIBILITY

Have your child list his responsibilities. **Examples:** "Do my homework." "Feed the dog." Then, discuss the duties of others, such as teachers or policemen. Talk about what happens when responsibilities aren't taken care of. What if the policeman decided not to direct traffic when the traffic light broke?

INDEPENDENCE

Teach your youngster a new skill, like how to fix her own lunch or lay out her clothes for school the next day. She will gain a sense of accomplishment when she doesn't have to ask you for help.

GIVING

Instead of buying gifts, encourage your child to give "tickets." They can be good for things such as playing a game with a sibling or helping a parent with housework. He can draw the tickets on paper and decorate them with markers.

VOCABULARY

Start with a short sentence, such as "I went to the store." Toss a ball back and forth with your youngster. With each toss, change one word of the sentence without changing its meaning ("I jumped rope to the store"). See how long you can keep going without getting stuck.

Congratulations!

We finished _____ activities together on this poster.

Signed (parent or adult family member)

Signed (Child)

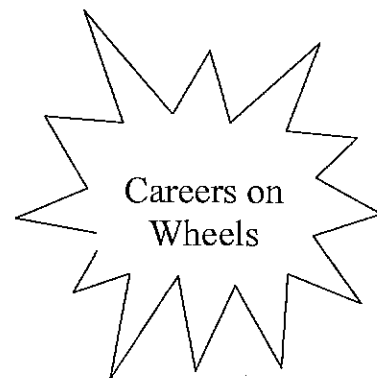
Come One Come All!!!!

U.S. Grant School's
3rd Annual

FREE Community Partnership Event
There will be something for **EVERYONE!!!**



Saturday, May 8th 2010
11am – 3pm
2920 W. Grant
Milwaukee, WI.



This day includes multiple family resources:

- **BadgerCare enrollment & library card sign up**
(bring valid state ID, proof of address & proof of income)
- **Community Shred**
(10 boxes of paper per person can be shredded securely by the shred truck)
- **The Office of the Sherriff will provide child ID kits**
featuring Iris Scans
- **And Many More!!**

Any questions please contact Ms. Robyn 902-8054
Family & Community Involvement Coordinator





THE PARENTING NETWORK

7516 W. Burleigh St., Milwaukee, WI 53210 • (414) 671-0566 PARENT HELPLINE • theparentingnetwork.org

OPEN PARENTING PROGRAMS

participants can register and usually start attending within one week

Positive Parenting: An ongoing parenting class offered at 4 different locations in Milwaukee. Topics covered include discipline, family communication, handling stress/anger, child development, and other family related issues. A Certificate of Participation is issued after attending 10 sessions. FREE with free childcare for participants.

TUESDAY 10:00-11:30 AM

Family Support Center
3025 W. Mitchell Street

WEDNESDAY 6:00-7:30 PM

The Parenting Network
7516 W. Burleigh Street

WEDNESDAY 6:00-7:30 PM

Salvation Army
1730 N. 7th Street

THURSDAY 6:30-8:00

St. Josaphat Basilica
2322 S. 7th Street

Effective Black Parenting: 10-week series focuses on parenting and family issues from the viewpoint of the African-American culture. Topics covered are similar to Positive Parenting and examine differences between traditional culturally-based parenting methods and current parenting methods. A Certificate of Participation is issued after attending 10 sessions. FREE with free childcare for participants.

THURSDAY Light meal 5:30-6:00 PM, Class 6:00-7:30 PM

Vincent Family Center
2610 N. MLK Drive

Dad Matters: On-going parenting series for dads only that looks at parenting from the male point of view. The focus is the importance of dad as a positive role model in his child's life. Topics include child development, discipline, and the role of dad. A Certificate of Participation is issued after 10 sessions. FREE for participants.

SATURDAY 10:00-11:45 AM

The Parenting Network
7516 W. Burleigh Street

OPEN EDUCATIONAL SUPPORT GROUPS

participants can register and usually start attending within one week

Raising The Spirited Child: For parents and caregivers whose children are more intense, sensitive, perceptive, persistent, and energetic. FREE with free childcare for participants.

THURSDAY 9:30-11:00 AM

First Lutheran Church
7400 W. Lapham Street

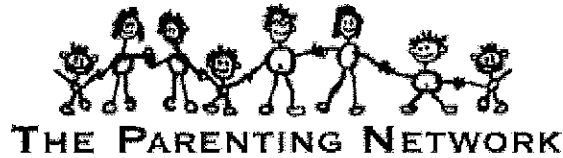
THURSDAY 6:30-8:00 PM

The Parenting Network
7516 W. Burleigh Street

Grandparents Parenting Again...and Other Relatives, too! Support for issues facing grandparents parenting again and any relative in the parenting role. FREE with free childcare for participants.

1st WEDNESDAY of month 6:00-7:30 PM

7516 W. Burleigh Street



7516 W. Burleigh St., Milwaukee, WI 53210 ♦ (414) 671-0566 PARENT HELPLINE ♦ theparentingnetwork.org

TIME-LIMITED PARENTING SERIES

The Parenting Network offers numerous parenting programs throughout the year.
For specific dates, times, and locations, please contact the PARENT HELPLINE at (414) 671-0566.

As One

This free, 10 hour program teaches couples the importance of knowing themselves, knowing each other, and strengthening their relationship for the benefit of their baby. Couples must be at least 17 years old and unmarried and expecting a baby or have a baby less than 3 months old.

Becoming a Love and Logic Parent

This 6-week course teaches parents to lovingly hold their children accountable for their actions. Parents learn to be empathetic, set expectations, and help children make positive choices. The course uses video segments, discussion, and workbook. **There is a fee for this program and childcare may be available for a fee.**

Fireworks: An Effective New Approach to Dealing with Anger

The goals of this course are to help parents better understand the emotion of anger, learn to manage anger constructively, and learn to effectively handle their children's anger. Small and large group discussions, role-playing, and journaling are all a part of this experience. **This series has a fee. No childcare available.**

Grandparents & Other Relative as Parents

This short educational series focuses on issues that confront grandparents and other relatives as they seek to raise minor children in today's world. **This program is free to participants and free childcare is provided.**

Welcome, Baby!

A happy blend of information, discussion, and play for expectant parents and parents of newborns and infants up to one-year-old. **Free, 10-week program.** Offered at various locations throughout Milwaukee County.

TIME-LIMITED SUPPORT GROUP

Parents and Caregivers of Children Who Have Been Sexually Abused Support Group

Support group for parents and caregivers of children 6 to 17 years of age who have been sexually abused. Call Luci Staudacher at Pathfinders at (414) 964-2565 x17 for more information and to register.

TRAINING FOR VOLUNTEERS & PROFESSIONALS

Facilitation Skills Training for Parenting Groups

20 hours of training will be offered on **May 11-June 29, 2010** from 5:30 to 8:30 PM at The Parenting Network. Call Ruth Miller at (414) 671-5575 x 30 or email rmiller@theparentingnetwork.org to register.

Times and dates are subject to change. Please call for up-to-date information and to register for all these programs.

(414) 671-0566 PARENT HELPLINE

theparentingnetwork.org

Since 1977, The Parenting Network has served as a parenting resource for anyone who cares about the well-being of children. Services include a 24-hour Parent Helpline, parenting education and support programs, home visiting and case management services, and sexual violence and teen pregnancy prevention programming for adolescents. For more information about The Parenting Network, please call the Parent Helpline at (414) 671-0566 or go to theparentingnetwork.org.

WHY this series?

Few grandparents or other relatives expect the daily responsibility of parenting a child. However, because of barriers facing the child's biological parent, another family member may choose to nurture and guide the child.

If you are a grandparent, aunt or uncle, or someone in the family who accepts the awesome responsibility of bringing up a child, this 6 session series is for you. It may provide you with just the resources and strategies that you need during this chapter in your life!



- ⇒ Gift Card drawing at each session
- ⇒ Community Resources Available
- ⇒ Unbooked families are welcome

Series Sponsors and Services

Family Caregiver Support Network of Interfaith
Older Adult Programs, Inc.
414-220-8600

- ⇒ Respite Care
- ⇒ Caregiving & Aging
- ⇒ Community Information & Resources
- ⇒ Support Group Information

Kids Matter Inc.
414-344-1220

- ⇒ Personal & Legal Advocacy
- ⇒ Caregiver Support
- ⇒ Crisis Counseling

La Causa Family Resource Center
414-647-5971

- ⇒ Parent & Child Activities
- ⇒ Parent Programming
- ⇒ Family Resources

Spanish Services

Lutheran Social Services of WI
& Upper Michigan
414-671-5920

- ⇒ Child & Adult Counseling Services

The Parenting Network—Parent Helpline
414-671-0566

- ⇒ Parenting Programs
- ⇒ Community Resources
- ⇒ Child Development

Mental Health America
414-276-3122

- ⇒ Strong Families Healthy Homes
- ⇒ Information & Assistance
- ⇒ Community Outreach & Education
- ⇒ Public Policy

414-671-0566

2010

Free Educational
& Support Series

Grandparents and Other Relatives As Parents

APRIL 15—MAY 20
5:30—7:30 PM



FREE Childcare & Light Meal

Are you raising your grandchildren?
It's easy to give them love, but
are you feeling frustrated,
confused, or overwhelmed?

Help is available!
Parent Helpline
414-671-0566



United Way
of Greater Milwaukee



THE PARENTING NETWORK

The Brookdale Foundation
Group

GRANDPARENTS & OTHER RELATIVES AS PARENTS: SERIES TOPICS & DATES

WHO?

Grandparents and Other Relatives Raising Children

WHAT?

A free six week gathering of grandparents and other relatives who are parenting again

WHERE?

The Parenting Network
7516 W Burleigh Street
Milwaukee

FREE CHILDCARE

LIGHT MEAL PROVIDED

APRIL 15 - Making Sense of the

Legal, Financial and Social Service Systems

- * Understand guardianship, adoption, foster, kinship care, and financial resources
- * Plan for the future
- * Discover medical and social services available to you
- * Tips to speak and act with confidence

APRIL 22 - The Road Now Taken

- * Your kids and families have changed your lives forever
- * How did this happen?
- * How has your life changed?
- * Connect with others raising children
- * Look to the future

APRIL 29 - Hands-on Banking

- * Talking to your kids about money
- * Pick your topics

MAY 6 - Maintaining and Navigating your Relationship with the Parent(s) and Child(ren)

- * What impact does the parent still have on you and the child(ren)?
- * How parenting again affects your relationship with the parent(s)
- * How do you stay in control of it all?

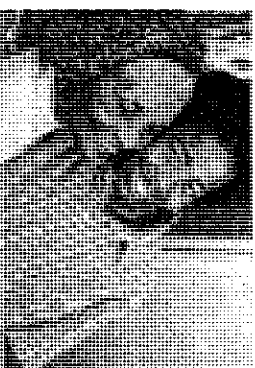
MAY 13 - Bring Wellness Home

- * What happens when you become overwhelmed?
- * Increase your knowledge of mental/physical wellness for the entire family

MAY 20 - Let's Talk About

Friendship, Dating and Drugs

- * Ask the parent educators
- * Explore ways to help your child develop positive relationships
- * Update your knowledge on drug prevention and child/adolescent behavior



**Don't Delay
Register Today!**

Come for one session or come for all.

PARENT HELPLINE
414-671-0566

ROAD BLOCKS TO ATTENDING?

Call the PARENT HELPLINE at

414-671-0566 for possible assistance

Family Links

is a FREE program offered in collaboration with a network of organizations. This program assists families by providing individualized support and connections to community resources.



Family Links

is a confidential, voluntary program open to all Milwaukee area parents regardless of children's ages or insurance.

Services can be provided

- Over the phone
- In the home
- In the agency or
- In the community

The Parenting Network

is a not-for-profit social service agency whose mission is to strengthen parenting and to prevent child abuse.

Services include:

Family Links

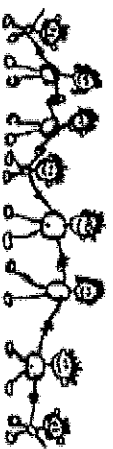
Parents as Teachers (PAT)

Home Instruction for Parents of Preschool Youngsters (HIPPIY)

Parent Helpline

and

Parenting Education and Support Programs including Fireworks Anger Management, Positive Parenting, and Parenting with Love and Logic throughout the Milwaukee area.



THE PARENTING NETWORK

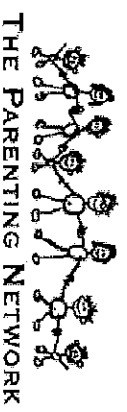
7516 West Burleigh Street

Milwaukee, WI 53210-1030

www.theparentingnetwork.org

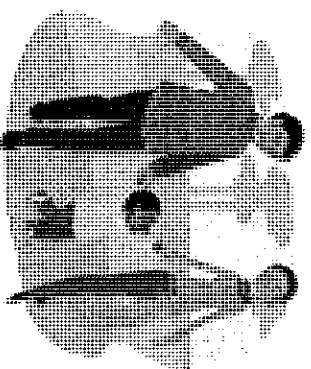


United Way
of Greater Milwaukee



THE PARENTING NETWORK

Family Links



**Supporting
and
Empowering
Families**

(414) 671-5575

Ext 35

Family Links

Raising children can be a wonderful and exciting experience.

But parenting can become overwhelming especially when families are experiencing other challenges.

DO YOU NEED HELP "LINKING" WITH ANY OF THE FOLLOWING COMMUNITY SERVICES?

- Basic Needs: food pantries, WIC sites
- Housing Resources
- Services for Children:
 - * Birth to Three
 - * Parents as Teachers (PAT)
 - * Home Instruction for Parents of Preschool Youngsters (HIPPOY)

Our Family Links program team is available to listen, support you in problem solving, partner with you and your support system to set goals, and provide referrals and assistance with other resources.

- Mental Health Services for Adults and/or Children
- Support Groups
- Respite Care
- Sexual Assault and Abuse Services
- Domestic Violence Services
- Legal Resources
- Money Management



MILWAUKEE BRIGHTER FUTURES
A Better Community Through Prevention



If your family
might benefit from
these services
or to learn more,
please call the
**FAMILY LINKS
PROGRAM**
(414) 671-5575
EXT 35

TOPICS COVERED

Facilitator: Chuck Adam

- ⇒ Masters Degree in Social Work
- ⇒ Therapist for 33 years working with individuals, couples, children, families and groups
- ⇒ Life & Relationship Coach
- ⇒ Committed to improving family relationships

Understanding My Anger

- Signs of Anger—What sets me off?
- My anger response cycle

Managing My Anger

- How I can change my anger response
- How I can reduce and positively direct my anger

Responding to Anger in My Family

- Why do people in my life get so angry? How should I respond?
- Ways to reduce conflicts with others
- Expectations, rules, and consequences - Responding to other people's anger
- Turning anger into harmony

FIRE WORKS



AN EFFECTIVE NEW APPROACH TO
DEALING WITH ANGER

Sponsored by



Thursdays

6:00-8:00 PM

8 Sessions

June 3-July 29, 2010
(no class on July 1st)

held at

The Parenting Network
7516 W. Burleigh St.
Milwaukee, WI 53210

Fireworks Program

The goals of the course are to help you to:

- Better understand the emotion of anger;
- Learn to manage your anger constructively;
- Learn to effectively handle other people's anger too.

The program is designed to help you think in new ways about this critically important emotion. Plenty of group discussion, role-play, and homework will help participants develop new ways of looking at and handling their own and other people's anger.

While anger is a natural emotion, when it is not managed constructively, it can seriously damage personal relationships and even lead to violence—both within the family and outside of it. When understood and constructively managed, however, anger can help us assert ourselves, gain confidence, build self-esteem, and improve our relationships.




Q & A

How do I know if I can benefit from this program?

Do you find yourself often getting angry at others? Are you afraid of your own angry feelings, or those of others, perhaps even in your own family?

Then Fireworks is for you.

What can I expect to gain?



You can expect to learn where anger comes from, how it works, and how it can be used constructively in your relationships. You can also expect to learn and practice new skills for dealing with your own and other people's anger in healthy ways.

Can this program help the community?

Yes! If people do not learn effective ways to deal with their angry feelings, they will take them out on other people in their family, in school, in the neighborhood, or at work. However, if they learn safe ways of expressing anger, our streets and community become safer and less violent.

Fireworks Registration

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

MC/VISA # _____

Exp date _____ 3 digit # on back _____

Name on card: _____

Amount _____

8 Sessions:

June 3-July 29, 2010

(no class July 1st)

6:00-8:00 PM

\$100 per participant

\$150 per couple

Mail this registration form and check
(made out to **The Parenting Network**) to

Christy Barden
The Parenting Network
7516 W. Burleigh Street
Milwaukee, WI 53210
Email: cbarden@theparentingnetwork.org

For more information, call
Christy Barden or Tom Weber at
(414) 671-5575



Parent Notice

The DNA *LifePrint* Child Safety Event
Endorsed by John Walsh
America's Trusted Name In Fighting Crime

New Biometric Fingerprinting & DNA Identification Kit

This Program Provides Parents With The Vital Tools Recommended By
The FBI and The Department Of Justice

A corporate citizen steps forward and underwrites this program. In your area, this service is being provided as a donation to your community by: **Russ Darrow Dodge, LLC**

Where:	Russ Darrow Dodge, LLC 7676 N. 76 th Street, Milwaukee	
Contact:	Colleen Keller	262-334-9411
When:	Saturday, May 15th, 2010	9:30am – 2:00pm

Biometrics is the newest and most advanced technology available today for obtaining fingerprints. We are privileged to be able to use the same equipment presently used by Federal Agencies, Law Enforcement, and the US Military. Law Enforcement know that time is critical in the recovery of a missing child. The Biometric Technology our program brings to parents allows their child's fingerprints to be immediately submitted into the FBI Database as soon as they are reported missing. When the child's fingerprints are entered into the FBI Database, the fingerprints become immediately available to all law enforcement agencies throughout the United States.

FREE an FBI Certified **Biometric 10 Digit Fingerprint Profile**.

FREE a high resolution full color **Digital Photograph** of your child.

FREE a **Child Safety Journal** which will provide law enforcement officials with all the necessary vital information about your child and other important facts they will need immediately after a child is reported missing.

FREE a **Home DNA Identification Kit** that is easy to use and lasts through generations.

There is no data basing: After each child goes through the line, parents are handed a Child Safety Journal (which contains the Biometric Fingerprints and Digital Photo) and a DNA Kit. The DNA Kit contains detailed instructions on how to use the DNA Kit at home. The only record of the visit is handed to you to take home: **The event sponsor keeps no records on file.** You will also be given John Walsh's Child Safety Tips. All the information provided at this Child Safety Program is recommended by child safety experts and law enforcement officials to be updated every 6 months.

If a child becomes missing, parents greatly increase their chance of quickly recovering their child if they immediately provide, a FBI Certified Biometric 10 Digit Fingerprint Profile, a DNA Sample, a High Resolution Full Color Photograph, and Current Statistical Information.

Parents Please Bring Your Children to this *FREE* Child Safety Program

Stop the Cuts! Fix the System!

No matter what happens with this year's MPS budget, next year we will have another school budget crisis. Next year and the year after, our kids' schools will suffer crippling cuts because of Wisconsin's outdated and inadequate system for funding schools... unless we do something about it.

MPS Parent Action Meeting

Featuring a Presentation by

Tom Beebe

Wisconsin Alliance for Excellent Schools

Saturday, May 8

9:00 a.m. to 10:30 a.m.

MPS Administration Building

5225 W. Miller Street

Auditorium

*This meeting is being co-sponsored by concerned parents of MPS children.
For more information:*

Ted Kelly: tedk1955@live.com

Michael Mathers: michaelmathers@proton.com



Join other parents of MPS children to learn the reasons why our schools face perennial budget cuts and what we can do about it.

If Not Us, Who? If Not Now, When?

Thanks to Andrew Warwick, 8th District Area Director, for help in coordinating this event.



**MILWAUKEE
PUBLIC SCHOOLS**

Office of School and Community Support

Wellness and Prevention Office

Denise Sather

(414) 475-8438 Fax: (414) 475-8455

Email: satherdl@milwaukee.k12.wi.us

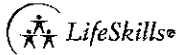
Patricia Scrutchions

(414) 475-8834 Fax: (414) 475-8455

Email: scrutepd@milwaukee.k12.wi.us

Life Skills Training Family Night

WHO: The Life Skills Training Family nights are for parents and their school-aged children. The Life Skills Training Parent Program is designed to help parents strengthen communication with their children and helps build a skill set that promotes healthy lifestyle choices. The children’s educational activities will be geared towards school-aged children 4 years and older.



WHEN: **Wednesday, May 12th, 2010 5:30-7:30 P.M.**
Dinner will be served from 5:30 – 6:00 P.M.
Parent program and children’s educational activities begin at 6:00 P.M.
Closing activity begins at 7:25 P.M.

PARENT TOPIC: “Use of Appropriate and Consistent Discipline”

WHERE: Greenfield Bilingual School (1711 S. 35th St.)

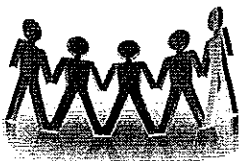
Cost: **FREE**, but you **must REGISTER** to attend.

How: Complete the attached form to register for the workshop. Only register if you plan on attending. The registration form may be turned in by:

- Fax to Denise Sather at 414-475-8455
- The information can be e-mailed to Denise Sather at satherdl@milwaukee.k12.wi.us
- Dropped off at MPS Central Services (5225 W. Vliet St.) Room 265
- Turned in at your child’s school to be faxed to Denise Sather at 414-475-8455

Registration deadline: Tuesday, May 4th, 2010

For more information you may call Denise Sather at 475-8438 or e-mail at satherdl@milwaukee.k12.wi.us.



Sponsored by:



Life Skills Training Family Night
Wednesday, May 12th at Greenfield Bilingual School

Registration Form

Name of adults attending (Please Print): _____

Home address/City/Zip code: _____

Phone Number: _____

E-mail address: _____

Number of children *attending* in the following grades: K-2nd grade: _____ 3rd grade and up: _____

Schools your children attend: _____

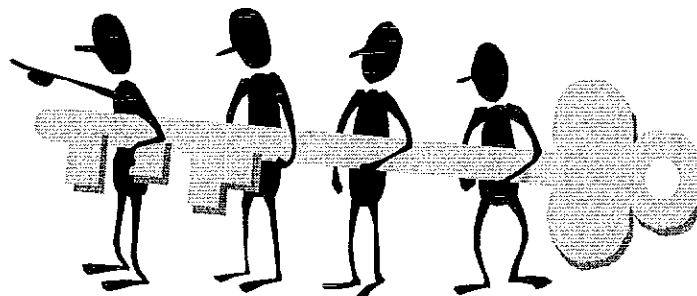
Need for Interpreter: Yes Spanish Hmong Other _____

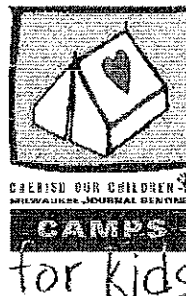
You MUST Pre-Register by Tuesday, May 4th, 2010
Registration is limited to 50 participants!

Only register if you plan on attending. The registration form may be turned in by:

- Fax to Denise Sather at 414-475-8455
- The information can be e-mailed to Denise Sather at satherdl@milwaukee.k12.wi.us
- Dropped off at MPS Central Services (5225 W. Vliet St.) Room 265
- Turned in at your child's school to be faxed to Denise Sather at 414-475-8455

Sponsored by





Camps for Kids

2010 Camper Advocate and Student Nomination Procedures

The Camps for Kids Program is offering over 100 nominated Milwaukee Public Schools students full camperships to attend a week-long residential summer camp in Wisconsin. Students are nominated to receive a campership by an MPS staff member at their school called the "camper advocate." The duties of the camper advocate are outlined below:

- 1) Students chosen must meet the following qualifications:
 - a. Boys and girls, ages **8-15 years**
 - b. Eligible for "free" or "reduced" school lunch
 - c. Nominated by the "Camper Advocate" (principal or staff member).
 - d. **Has not previously attended residential (over-night) camp**

- 2) Check with the child's parents/guardian to be sure he/she is able to attend camp if selected and is willing to pay a \$20 commitment fee. Send home the nomination form and the green informational pamphlet, and have the parents/guardian sign the form and return it to you at school as soon as possible.

- 3) Return the completed nomination forms through Museum Mail to Kevin Reed, MPS-Recreation Department, OASIS or fax them to 76079 (647-6079), **no later than Friday, April 30th, 2010.**

- 4) Two camp orientation meetings will be held at Central Services (5225 W. Vliet St.) for selected students, their parents and their camper advocates in May. (Wednesday, May 5th, 6:30- 8:00 p.m. and Saturday, May 15th, 9:00-10:30 a.m.) Families & Camper Advocates of selected students will be asked to attend **ONE** of these dates. In order to get the most from this orientation, it is recommended that both you and your student's parents/guardian attend the orientation on the same date. Further information on this orientation will be sent to you after campers have been selected. (*Please note: attendance at the orientation is voluntary for camper advocates - this is not a paid in-service.*)

- 5) After selected students have been registered for camp, they will receive a letter from their chosen camp that will include a "what to bring to camp" letter, as well as transportation information (a copy will also be sent to you).

- 6) Keep in touch with your camper as the camp week draws near. Be sure they have the things needed for camp; know when and where to catch the bus, etc.

- 7) If your camper is unable to attend, please be sure that his/her parents/guardian contacts the Camps for Kids Coordinator as soon as possible so an alternate can be chosen to fill the slot.

Thank you in advance for your support of the Camps for Kids Program.
**If you have any questions, please contact Kevin Reed,
MPS Recreation Department x76067 (647-6067).**



**Camps for Kids
Summer 2010
Nomination Form**

**Please see
accompanying information sheet**

MPS Student Eligibility Criteria:

- ▶ Boys and Girls, ages 8-15 years.
- ▶ Must be eligible for "free" or "reduced" lunch.
- ▶ Nominated by "camper advocate" (principal or staff member).
- ▶ Has not previously attended camp through the Camps for Kids Program.
- ▶ A \$20 commitment fee is required and will be collected when the child makes his/her camp selection. (DO NOT TURN FEE IN NOW).

Student Nomination

Elementary School _____ Telephone No. _____

Principal's Name _____

Student's Name _____ **has met the above eligibility criteria and is**
being nominated by _____ **because**
(Camper Advocate's Name)

Parent/Guardian Name _____ Phone _____

Best time to call _____

Student's Address _____ City _____ Zip Code _____

Student's Age _____ Male Female

Parent/Guardian Permission

I agree that if my child is selected for camp, I will see that he/she is in attendance during his/her selected week this summer.

Signature of Parent/Guardian

Date

Please return the nomination form to your child's teacher.
School staff must return the form by Friday, April 30th,
to Kevin Reed, MPS Recreation Department, O.A.S.I.S., Fax: 647-6079

ABOUT CAMPS FOR KIDS...

Camps for Kids offers a unique opportunity to youth ages 8—15 to attend an overnight, residential camp in Wisconsin. Each camp provides exciting activities and a chance to meet new friends and learn in a safe environment.

The founding organizations of Camps for Kids included: The Milwaukee Journal Sentinel, Youth Serving Agencies (Boys & Girls Clubs of Greater Milwaukee, COA Youth & Family Centers, Girl Scouts of Milwaukee Area, and the YMCA of Metropolitan Milwaukee), the American Camp Association, Milwaukee Public Schools' Division of Community Recreation, and the Greater Milwaukee Foundation



CHERISH OUR CHILDREN
MILWAUKEE JOURNAL SENTINEL
CAMPS
for kids

Camps for Kids,
established in 1994.

Talk with the Camps for Kids representative at your school to find out more about this scholarship program. This person will be able to provide you with more information.

SUMMER 2010

Camps for Kids
c/o Greater Milwaukee
Foundation
1020 N. Broadway
Milwaukee, WI 53202

Photo: www.campsforkids.org

Camps for Kids

SUMMER 2010

CAMPS FOR KIDS

The mission of Camps for Kids is to provide life changing, first-time resident camp experiences for children in Milwaukee County.



CHERISH OUR CHILDREN
MILWAUKEE JOURNAL SENTINEL
CAMPS
for kids

Join us for our
17th season!

WHAT IS CAMPS FOR KIDS?

Want something *different* for your child to experience this summer?

How about going to summer camp?

Camps offer activities such as:

- Swimming
- Arts and crafts
- Water and field sports
- Rock climbing and hiking
- Campfires
- And MORE!

Learn in the outdoors!

Try a new activity!

Meet new friends!

Learn a skill or hobby!

HOW CAMPS FOR KID WORKS:

Camps for Kids was developed to send urban children aged 8-15 to camp for the first time. Children are referred to *Camps for Kids* from over twenty-five agencies. Children are placed in camps by a selection committee, with the goal of matching the child's interests with the appropriate camp. Often times following the camp experience, the child and his or her family have linked themselves with a new agency for services that last longer than just the week at camp.

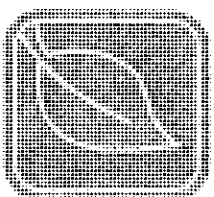
TO PARTICIPATE:

Camps for Kids provides a **one-time scholarship** to youth who qualify so that they may attend an overnight, residential camp in Wisconsin.

There is a \$20 commitment fee to re-serve your spot. The commitment fee should **NOT** be included with the nomination forms that are returned to us.



2024-2025
CAMPERS
for Kids



ABOUT THE CAMPS:

Each participating camp is accredited by the American Camp Association to ensure that each child receives an incredible overnight residential camp experience.

Each camp is located in Wisconsin and offers an array of activities to suit each camper!

These residential (overnight) camp sessions are for at least five days.

The camps are responsible with providing transportation to and from their camp from designated pick-up/drop-off points within Milwaukee County.

More information on the respective camps will be presented at the informational sessions held later this spring at the MPS Administrative Building (Central Services) - to help families to determine which camp is best for their child. **Wed, May 5th, 6:30-8:00 p.m.**
AND Sat, May 15th 9:00-10:30 a.m.



Picture Yourself in College!



A summer pre-college camp for girls and boys entering 7th, 8th and 9th grade to help them:

- Recognize their potential • Learn about college life •
- Explore careers • Become leaders •

Morning classes build skills in math, reading, writing and technology. Afternoons include sports, field trips, computer projects, and leadership and team building activities. Plus – students experience an overnight weekend in a real college residence hall!



A special guest presentation on safety tips for dealing with cyber bullying and social networking sites such as Facebook, MySpace and texting.

FULL Wisconsin DPI Scholarships available now!

Dates: 12 - 23, 2010
(July 16-19 students will stay on campus over this weekend. Girls and boys will be housed on separate floors.)

Time: 8:00 a.m. – 5:00 p.m.

Location: Mount Mary College campus,
2900 N. Menomonee River Pkwy., Milwaukee, Wisconsin

Eligibility: Applicants must qualify for government funded free or reduced cost lunch program in order to receive the DPI Scholarship, which covers all costs. Application for scholarship attached and also available online at www.mtmary.edu/dpicamp.htm

Fees: Free – all expenses, including breakfast and lunch, a camp t-shirt and field trips, are covered by DPI scholarship. Participants provide their own transportation to and from campus.

Applications being accepted now.
Maximum enrollment – 30 students.



Questions may be directed to:

Janae Magnuson
Mount Mary College
2900 N. Menomonee River Pkwy.
Milwaukee, WI 53222 - 4597

414-443-3644
magnusoj@mtmary.edu

